Dakota Hope Counseling, LLC

1500 S. Sycamore Ave, Suite 102 Sioux Falls, SD 57110 | T 605-223-5155 | DakotaHopeCounseling.com | MichellePliska@DakotaHopeCounseling.com

TEEN THERAPY INTAKE FORM

If you have any questions or need assistance in completing these questions, please do not hesitate to ask for help. Please provide a copy of your insurance card (front and back) ahead of your first session. I look forward to serving you!

Kindly, complete on behalf of your child.

Name of person completing this	form:	
Your relationship to the child:		Your Date of Birth
Your Primary Phone:	(Home, Work, Cel	l) Your Email:
Is it ok to leave voice mails?	Is it ok to text you?	Is it ok to email you?
Your home address:	City	State Zip
Your Workplace:	Your Work	Phone:
Name of other parent/legal guar	rdian(s):	
		Their Date of Birth
Their Phone:		il:
Their home address:		State Zip
Child/Teen's first name:	Las	st Name:
Age: Birth Date:		(Month day, year)
Ethnicity:	Religion:	Sex/Gender:
Home address:		
Who does your child live with?		

Other family members that are sign grandparents, aunties, uncles, etc.)	gnificant to the child's care (Step parents or partners, siblings
Name:	Relationship:
Name:	Relationship:
Name:	Relationship:
Current legal or operational paren	nting plan if applicable.
Who has physical or residential cust	ody and care?
Who has legal custody?	
time is managed; days, weekends, se	time (Please briefly explain how your child(ren's) parenting t, rotating, based on parent's work schedule?)
Are there pending visitation or custo or child start psychotherapy? Yes	odial legal court proceedings or legal orders/agreements f s or No
If yes, kindly continue:	
Attorneys of Record:	
Judge:	County:
Next Hearing Date if scheduled:	
records and information pertaining dental, orthodontia and similar he available to both parents. Counsel confidentiality or privilege must of if available to one parent, must be	rimary custodial parents have a duty to provide access to g to a minor child including, but not limited to, medical, althcare, and school records which must be made equally ing, psychiatric, psychotherapy, and other records subject to nly be released in accordance with state and federal law; but available to both. Parents must make reasonable efforts to of other parent is listed on all records (UJS 302(1.2)).

HOW DID YOU FIND T	HIS PRA	CTICE:						
Word of Mouth	I'm a for	mer clie	nt _	Order	of Psycl	nologist		Psychology Today
Doctor's Recommendat	ion _	Goog	gle, using	g these w	vords:			
Other:								
ACADEMIC INFORMAT	ION							
Name of your child's scl	nool:						C	rade:
Program:					Ty	pical Gr	ades:_	
					-			
THE REASONS FOR YO	пр спп	טוע פים	IT.					
THE REASONS FOR YO	UK CHII	TD 2 A12	11:					
How intense is your ch	nild's en	notional	distre	ss?				
(Mild) 1 2					7	Ω	Q	10 (Savara)
Please describe:								
Overall, how much do with others and perfo					's ability	y to per	form	in school, get along
•						0	0	40.0
(Mildly disruptive) 1	2	3	4	5	6 7	8	9	10 (Incapacitating)
Please describe:								
When did these proble	ems sta	rt? Wha	t was go	oing on i	n your (child's l	ife at	that time?

PSYCHIATRIC AND MEDICAL HISTORY

Please list any <i>psychiatric or "mental"</i> health problems your child has been diagnosed with:
Please list any <i>medical or "physical"</i> health problems that your child has been diagnosed with:
Please list any medications your child currently takes and what they are for:
Name of Family Doctor: Phone:
When was your child's last check up?
Results of your child's last check up?
Name of your child's psychiatrist: Phone:
When was your child's last psychiatric visit?
MENTAL HEALTH TREATMENT HISTORY
Has your child ever been hospitalized for psychological or psychiatric reasons? Yes or No
If yes, please describe when, where, and for which reasons.

Please tell us about any other mental health professionals your child has consulted with in the past
(approximate dates, type of professional seen, reason for consultation, nature of treatment,
outcome of treatment, etc).
CURRENT HABITS
Please describe your child's current habits in each of the following areas:
Smoking:
Drinking:
Drug Use:
TV/Internet/Video Game Use:
Caffeine Intake:
Exercise:
Eating:
Sleeping:
Fun & Relaxation:
Chores & Responsibilities:
RELATIONSHIPS
Please describe your child's relationships with each of the following people, if applicable:
Biological Mother:
Biological Father:
Step Parents:
Legal Guardians:

Siblings:	
Extended Family:	-
Friends:	
Colleagues or classmates:	
Others that you'd like to note:	

STRESSFUL LIFE EVENTS

Please describe any significant or stressful life events that your child has been experiencing:

	No	Yes	If yes, please describe.
A recent move or change in school?			
Abuse or neglect?			
Bullied or ignored by peers?			
Academic difficulties?			
Weight control issues?			
Sexual identity concerns?			
Self injury?			
Death or illness of a loved one or pet?			
Family conflict?			
Separation or divorce?			
Other?			

OTHER IMPORTANT INFORMATION What are your child's positive qualities and skills? What do you like about your child? Please tell us about your child's interests (sports, hobbies, talents, etc). Does your child agree that the problem they are seeking help for is problematic? What are some goals for your child's therapy? What would you like them to achieve by attending therapy? What concerns do you have about your child attending therapy or working on these problems?

Thank you for sharing this information!

Is there anything else that you would like to mention?

THERAPY AGREEMENT: DAKOTA HOPE COUNSELING COPY

Confidentiality: The therapy relationship is a professional and confidential relationship. What is revealed in this setting is confidential and is protected by professional and ethical standards. All material is confidential and cannot be released without your written consent. The laws of the state of South Dakota make certain exceptions to this confidentiality privilege. If there is reasonable suspicion that you may harm yourself or others, then your therapist is required by law to inform others to protect them or yourself. If there is reasonable suspicion of child, elder or vulnerable adult abuse, a verbal report will be made to Child Protective Services or law enforcement.

Social Media & Confidentiality: I do not accept requests to join, "follow" or interact with current or former clients on personal or group social media platforms. I do not use search engines or seek clients out via digital and social media platforms. I communicate via email or office phone for scheduling and administrative needs. While email platforms have reasonable security protection, I cannot ensure HIPAA-compliant safety; use at your own discretion.

Billing: All individuals, couples, and family therapy sessions are billed to insurance under the primary, presenting client's name. Services required of your therapist outside of the therapy session are not covered by insurance and may incur additional costs. Please see the current Dakota Hope Counseling Fee Schedule included in this packet.

Payments: I am committed to providing you with the best possible care. Co-pays/co-insurance are due at the time of service unless another agreement has been reached. I accept cash, checks, Mastercard, Visa, and Discover. Any amount not paid by a third party is expected to be paid by you within 30 days unless other arrangements have been made. If after 60 days no payment is received, I will review and advise on additional action. Between 90 and 120 days with no payment, your account will risk being sent to collections including any'll demographic information you provide.

Cancellations: If you are unable to attend a scheduled session it is your responsibility to let this counselor know of your intent to cancel your appointment. A text message is preferred. 605-223-5155

Emergencies: If you need emergency psychological help at a time when I am not available, it is your responsibility to contact emergency services (Avera 24/7 Hotline 605-322-4065; 988 Suicide and Crisis Hotline; or The Link Community Triage Center 605-275-1000). If you leave a message with Dakota Hope Counseling, I may not be available to return the call in the timeframe you need. Please utilize the crisis services provided herein. True emergencies also warrant a call to 911.

HIPAA Acknowledgement: Our Notice of Privacy Practices provides information about how we may use and disclose protected health information (PHI) about you. As stated in our notice, the terms of the notice may change. If Dakota Hope changes our notice, you may obtain a revised copy.

By signing this for, you acknowledge that you have received a copy of Dakota Hope Counseling's Notice of privacy Practices. If you have questions about this agreement, please do not hesitate to ask. I am here to help you. My signature below indicates that I have read the above policies, and that I intend to abide by them. I have been given a copy of these policies. Please request additional copies for all participants to couple or family therapy.

Parent or Guardian Signature:	Date:	
Print Name:		

DAKOTA HOPE COUNSELING: SERVICE FEES & INSURANCE INFORMATION

Mental Health Services		Fee
Intake Session, 90791	Psychiatric Diagnostic Evaluation 60+ minutes	\$225.00
Therapy Session, 90837	Psychotherapy Session, 60 minutes	\$200.00
Therapy Session, 90834	Psychotherapy Session, 45 minutes	\$185.00
Therapy Session, 90832	Psychotherapy Session, 30 minutes	\$115.00
Consultation		\$100.00
Cancellation Fee	Session cancellation of less that 24 hours notice	\$50.00

Insurance Information: Please fill out and provide a copy of insurance card (front and back), and required information.

Primary Insurance Company:	Phone:			
Member ID	Group Number:			
Policy Holder	Policy Holder DOB:			
Client Relationship to Policy Holder				
Secondary Insurance Company:	Phone:			
Member ID	Group Number:			
Policy Holder	Policy Holder DOB:			
Client Relationship to Policy Holder				
Initial: I understand that I am responsible for all char	rges regardless of insurance coverage.			
Assignment of Insurance Benefits: The undersigned hereby authorize the release of any information relating to all claims for benefits submitted on behalf of myself and/or dependents. I further expressly agree and acknowledge that my signature on this document authorize my therapist to submit claims for benefits without obtaining my signature on each and every claim to be submitted for myself and/or dependents, and that I will be found by this signature as though the undersigned had personally signed the particular claim. I specifically understand that insurance will not cover any of the professional court related work that I am personally responsible for these fees. I understand that I must pay these fees per monthly billing.				
Authorized Signature of Subscriber	Date			

DAKOTA HOPE COUNSELING: SERVICE FEES

(CLIENT COPY)

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Dakota Hope Counseling: Fees Not Covered By Insurance

Additional services requested of your therapist outside of the therapy session that do not have a medical billing code are not covered by health insurance. Services such as a request for a legal appearance for a professional witness testimony, preparation of professional witness appearance, travel time and mileage for court appearance, and/or a professional mental health report to another professional or provider are billed at carrying rates; please refer to the professional service fees charted attached whiten this packet. A retainer for the full cost of the hourly rate for a professional services fee are due ahead of completed work or appearance. Unused fees will be fully refunded.

		Fee
Court Testimony	Professional Witness Testimony for Court	\$300/hour unit
Preparation	Preparation for court	\$200/hour unit
Court Testimony Analysis	Professional Witness analysis of witness testimony	\$200/hour unit
Travel (court)	Travel time for court	\$155/hour unit
Non-Testimony	Subpoenaed, non-testimony time	\$200/hour unit

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Parent or Guardian Signature:	Date:
-	
Printe Name:	

DAKOTA HOPE COUNSELING: NOTICE OF PRIVACY PRACTICES

This notice describes how psychological and medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Uses and Disclosures Requiring Authorization: We may use or disclose PHI (Protected Health Information) for purposes outside of treatment, payment and health care operations when your appropriate authorization is obtained. An "authorization" is written permission about and beyond the general consent that permits only specific disclosures. In those instances, when we are asked for information for purposes outside of treatment, payment and health care operations, we will obtain an authorization from you before releasing this information. We will also need to obtain authorizations before releasing your psychotherapy notes. "Psychotherapy notes" are notes that your therapist has made about conversations with you during a private, group, joint, or family counseling session, which are kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI.

Uses and Disclosures with Neither Consent Nor Authorization: We may use or disclose PHI without your consent or authorization in the following circumstances

- **Child, Elder or Vulnerable Adult Abuse:** If your therapist has reasonable cause to suspect that a child under the age of 18 or a vulnerable adult or adult 65+ years of age has been abused or neglected, your therapist is required by law to report that information to the State's attorney, the Department of Social Services, or law enforcement personnel.
- **Health Oversight:** If the South Dakota Board of Examiners for Counselors and Marriage & Family Therapists or other oversight committee is conducting an investigation, then we are required to disclose your mental health records upon receipt of a subpoena from the Board or committee.
- **Judicial or Administrative Proceedings:** If you are involved in a court proceeding and request is made for information about your diagnosis and treatment and the records thereof, such information is privileged under state law, and we may not release information without your written authorization or court order. The privilege does not apply when you are being evaluated for a third party or where the evaluation is court ordered. You will be informed in advance if this is the case.
- **Serious Threat to Health or Safety**: When your therapist judges the a disclosure of confidential information is necessary to protect against a clear and substantial risk of imminent harm being inflicted by you on yourself or another person, your therapist may disclose such information to those persons who would address such a problem (for example the police or a potential victim).
- Worker's Compensation: If you file for a worker's compensation claim, we are required by law to provide your mental health information relevant to the particular injury, upon demand, to you, your employer, the insurer, and the department of Labor.
- **Questions and Complaints:** If you have questions about this notice, disagree with a decision we have made about access to your records, or have other concerns about your privacy rights, you may contact me with questions. You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services. You have specific rights under the Privacy Rule. Under no circumstances will you be penalized or retaliated against for filing a complaint.

Effective Date, Restrictions, and Changes to Privacy Policy: Dakota Hope Counseling reserves the right to change the terms of this notice and to make the new notice provisions effective for all PHI that we maintain. We will post the latest revision of this notice in the office and provide a copy if requested.